1. Introduction

In Brazil, the concern with the improvement and expansion of public transport is growing and is based on the concept of urban mobility. This concept is related to daily movements (travels) of people in urban space (ANTT, 2013).

To have a policy of urban mobility means having a group of principles and guidelines that direct the public actions of urban mobility and the demands of the population.

Affordable tariffs, connection between buses, trains and subways and good sizing fleets are crucial aspects for the perfect access of the population to urban transport and universal access to public transportation, intends the development of cities through sustainable urban mobility (MdC, 2007).

In Brazil, the Ministry of Cities has been working on a national policy for urban mobility, built in conjunction with the various segments of society, which aims to improve the conditions of displacement in the cities for a better quality of life (MdC, 2004).

Federal law n. 12,581, 2012, is a landmark on the concept of mobility and guidelines for transport policies in states and municipalities (ANTT, 2013).

It also highlights the reports: National Policy for Sustainable Urban Mobility (MdC, 2004), PlanMob Notebook (MdC, 2007), and finally, technical report “Passenger
trains - A Need it imposes” (ANTT, 2013), dealing specifically the importance of transportation for trains across the country.

2. The city of São Paulo and the Metropolitan Region

It is the most populous city in Brazil, with 12 million inhabitants, 1500 km² and 96 districts divided into many neighborhoods. Around it is the Metropolitan Region of São Paulo (RMSP), also known as Greater São Paulo, which is the largest metropolis of São Paulo and brings together 39 municipalities of the state of São Paulo.

Greater São Paulo is the largest metropolis in Brazil, with approximately 20 million people, and one of the ten most populous metropolitan areas in the World (GESP, 2013a).

To serve this, region the Paulista Company of Metropolitan Trains (CPTM) was founded in 1992 (CPTM, 2012).

It was left for the Company to assume the rail systems of the Metropolitan Region of São Paulo, operated by the Brazilian Company of Urban Trains - CTBU and the Train Paulista S/A - FEPASA. Thus this company received as heritage a railway system of 100 years old and in poor condition, having as main objective the maintenance and renewal of the fleet. (CPTM, 2015).

Figure 1 shows the evolution of building stations, since the first in 1897. Note that from the 40’s, there was intensification in the number of stations but not always corresponding to a good service (CPTM, 2015).

Fig. 1.
Evolution of the Implementation of Train Stations in the Metropolitan Area of São Paulo from 1897 to 2015
Source: Adapted from CPTM (2015)

CPTM carried in the year 2013, 795, 4 million passengers, exceeding by 4.1% the mark achieved in 2012. There were 2,658 scheduled travels on weekdays with a fleet of 130 trains. The average of passengers carried on a business day was 2.7 million, 4.6% higher than the previous year. CPTM user travels on average per trip, 19.1 km and pay a nominal fee of approximately US$ 1,12 (CPTM, 2015).

Figure 2 presents the evolution of passengers demand. The large increase occurred after 2004.
CPTM system reached a record of transported passengers: 3,025,185 on December 6, 2013 (CPTM, 2013a).

The systematic increase of passengers, observed in recent years has been possible due to improvements in operational strategies and the receipt of new trains. However, currently, the capacity of deployed systems is close to its physical limit, not allowing further gains.

On Figure 3 is possible to verify that in a period of analysis of 06 years, transportation by trains has won more followers, with an increase of 62% (METRÔ, 2013).
3. Railway Lines

At the end of 2015 the company has six lines with its 92 stations, serves 22 municipalities and 3 other municipalities outside the Metropolitan region network: Jundiaí, Várzea Paulista e Campo Limpo Paulista, totaling 260.8 km.

Table 1 summarizes the principal physical characteristics of the railway lines in São Paulo.

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<td>393822</td>
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Source: Adapted from CPTM (2012; 2013a; 2015)
Note: “Paranapiacaba” at the end of line 10 is a touristic place and isn’t considered as station

3.1. Line 7 “Rubi”

Line 7 – “Rubi” of CPTM comprises the stretch between stations set “Luz” to Francisco Morato / Extension: Francisco Morato to Jundiaí. Until March 2008, was called The Line - Brown.

The line is considered “one of the early developmental milestones of the city of São Paulo.” In the early 20th century, due to the construction of several intermediate stations between the original São Paulo Railway, began the movement of suburban trains, initially until Pirituba. In 1940 the line was electrified, but continued to provide services with wooden cars hauled by locomotives until 1957, when Santos to Jundiaí acquired the first TUEs of the old 101 series (current 1100 series CPTM) (CPTM, 2015).

3.2. Line 8 “Diamante”

Line 8 – “Diamante” of CPTM comprises the region defined between Júlio Prestes and Itapevi stations with operating length between Itapevi and Amador Bueno stations. Until March 2008 was called the Line B – Grey.

The line would be electrified between 1944 and 1945, a time when the suburban services have reached Amador Bueno. Between the 1950s and 1960, the line suffered his first reform, having been acquired in 1958 the Kawasaki TEU-Toshiba (current 4800 series CPTM). These trains, however, suffered wear “unusual”, and just seven years after the system has already demanded expansion (CPTM, 2012).

3.3. Line 9 “Esmeralda”

Line 9 – “Esmeralda” of CPTM comprises the section of metropolitan network defined between Osasco to Grajaú stations. Until October 2007, was called “Line C - Celeste”, later changing the name to “C Line - Esmeralda”, a name which held until March, 2008.
The line received twelve new trains of four cars each, which have been in operation since November 2008. In 2010 and 2011, more trains of eight cars each (sixteen of four cars) were received to accommodate a large increase in demand with the opening of Line 4 of the São Paulo Metro and the integration between the two lines in the Pinheiros Station, opened in June 2011 (CPTM, 2015).

### 3.4. Line 10 “Turquesa”

Line 10 - “Turquesa” of CPTM comprises the section of metropolitan network defined between stations Brás to Rio Grande da Serra. Until March 2008, it was called the Line D – “Bege”.

In the early twentieth century, due to the construction of several intermediate stations between the original São Paulo railway, began the movement of suburban trains, initially to Mauá. In the 1940s, the line would be electrified, but continued to provide services with wooden cars hauled by locomotives until 1957, when Santos to Jundiaí acquired the former Budd TUEs the old 101 series (current 1100 series CPTM) (CPTM, 2012).

The line started construction in 1869 by the Railway São Paulo to Rio de Janeiro (also known as North Railway), which would be built by the Central Railway of Brazil in 1890. In the early twentieth century began operating suburban trains, initially until the district of Penha, reaching Mogi das Cruzes in the 1910s. This was 49 km long and passing by nineteen stations (CPTM, 2012).

The electrification of the line occurred only in the mid-1950s. In 1976 the line was extended to the “Estudantes” station, so that it could meet students from colleges located in Mogi das Cruzes. The stretch between “Luz” to Guaianases became known as “Eastern Express” after the World Cup 2014.

### 3.5. Line 11 “Coral”

Line 11 – “Coral” of CPTM comprises the section of metropolitan network defined between the stations of “Luz” and “Estudantes”. It is known as the Eastern Express stretch of the Luz to Guaianases. Currently the most saturated line of São Paulo metropolitan area, also the second most extensive in CPTM. Until March 2008 was called Line E “Orange”. Currently East Express makes 24 trips per day on weekdays and 20 trips per day on weekends to “Estudantes” station in Mogi das Cruzes (CPTM, 2012).

The line started construction in 1869 by the Railway São Paulo to Rio de Janeiro (also known as North Railway), which would be built by the Central Railway of Brazil in 1890. In the early twentieth century began operating suburban trains, initially until the district of Penha, reaching Mogi das Cruzes in the 1910s. This was 49 km long and passing by nineteen stations (CPTM, 2012).

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### 3.6. Line 12 “Safira”

Line 12 – “Safira” of CPTM comprises the section of metropolitan network defined between stations Brás to Calmon Viana. Until March 2008, was called the F Line - Violet.

The line, known today as “Variant of Poa”, “East Variant” or simply “Variant” was built during the 1920s, but it had only been opened in 1934 already offering services to suburban neighborhoods considered “rural” in south of “Tietê” river. Over time, Ermelino Matarazzo, São Miguel Paulista,
Itaim Paulista and Itaquaquecetuba, became densely inhabited localities, mainly low-income people, which has always been considered as a factor responsible for the fact the online store, to date, the label “the most problematic line of commuter trains in São Paulo” (CPTM, 2013a).

The “Variant” was electrified in the second half of the 1950s, although the suburban trains hauled by steam locomotives had resisted until the year 1963, which increased the fame of precarious line. Already in the 1960s, the line was operating older electrical trains (known 100 series, originating in Rio de Janeiro, manufactured in the 1930s) (CPTM, 2012).

In January, 2008 was inaugurated University of São Paulo – East station, marking the beginning of the modernization and revitalization of Line 12 (CPTM, 2013a).

Figure 4 helps to visualize the coverage of six rail lines currently serving around RMSP.

![CPTM Lines in the Metropolitan Region of São Paulo](source)

**Fig. 4.**
CPTM Lines in the Metropolitan Region of São Paulo
Source: Adopted from CPTM (2015) No scale

### 4. Characteristics of the Most Used Trains

CPTM uses models of locomotives ranging from 1100 series to the 9000 series. Figure 5 shows the most widely used series.
4.1. 1000 Series (Almost in Disuse)

1100 series is currently the oldest fleet of CPTM, circulating since 1958. Currently eleven units of six cars each provide fixed services on Line 7 “Ruby” (Luz to Jundiaí).

1400 series came into service between 1976 and 1977, currently, the 17 trains ordered, only four are circulating. All in the extension of Line 7 “Rubi”, with four cars each.

TUE 1600 was acquired in 1978. Now operates in lines 7, 11 and 12 with greatly reduced fleet.

1700 series arrived in Brazil in 1986 by Mafersa. Now left 10 trains used on Line 7 “Rubi” of CPTM (CPTM, 2012).

4.2. 2000 Series

It was acquired to operate the Eastern Express - line 11.

2070 series was manufactured by companies CAF, Alstom and Bombardier in 2008 and currently operates along the lines 8 and 9.

2100 series trains were originally manufactured for Renfe - Red Nacional de Ferrocarriles Españoles between 1974 and 1977 by CAF. It arrived in Brazil in 1998 and now is operating in line 10 (CPTM, 2015).

4.3. 3000 Series

This series was purchased in 1990. In 2011, with the arrival of new trains in CPTM, the
fleet 3000 was shifted to provide operational support on Line 8 “Diamante” which circulated until recently. Large part is not operating (CPTM, 2012).

4.4. 4400 Series

4400 series was made in 1965 by companies FNV - National Factory Wagons, Cobrasma - The Brazilian Rail Materials and “Santa Matilde”. Now Operates in lines 11 and 12 and is being reformed with characteristics not yet set (CPTM, 2015).

4.5. 5000 Series

The 5000 currently, operates in line 8. 5500 series was manufactured between the years 1979 and 1980 by Eletrocarro Consortium formed by the companies ACEC - Ateliers Construction Eletriques Charleroi, Sorefame - Societies Reunidas in Mechanical Fabrications, Villares and Mafersa. This series is being reformed with characteristics not yet set (CPTM, 2015).

4.6. 7000 Series

TUE CAF 7000 series is a train that was manufactured by Construcciones y Auxiliar de Ferrocarriles – CAF at the unit Hortolândia, state of São Paulo and began operations in 2010. Now, this series are divided between lines 8, 9 and 11.

7500 series serves Line 9 “Esmeralda” and at peak times, give support to other trains of series 3000 and 7000 (CPTM, 2015).

4.7. 8000 Series

TUE CAF 8000 Series is an electric drive train which is being manufactured by Construcciones y Auxiliar de Ferrocarriles - CAF in Hortolândia, São Paulo, and came into operation in the year 2012. It is the first train to operate with gangway system (free passage between cars). The specifications of this Series were designed to obtain the best performance in terms of reliability, disposition, and maintainability, safety, running costs / maintenance and comfort (CPTM, 2012).

The air conditioning of the passenger lounge and driver’s cab with air cooling is now a need to transport passengers because of high heat and high capacity trains during peak hours, which offers better thermal and acoustic comfort.

The audio system is scanned with improved sound communication, automated pre-recorded messages for indication of the next station, institutional messages, color monitors for broadcast advertising and music.

The accessibility was facilitated by the installation of devices to implement accessibility of visual communication for closing doors, wheelchair access, number of cars in Braille for the visually impaired, stirrups side to decrease the span and height between the train and the platform and multimedia system (CPTM, 2012).

There are also bright lights for assistance to passengers with hearing disabilities, highlighting to the imminent closing of doors, side and landing indication, insulated gate.

The emergency actuation system allows passengers to alert the driver of any emergency situation that is occurring in the passenger lounge and door for emergency exit.
The inner lining of modern cars following colors and lines with use of molded fiberglass panels of windows, doors and roof, producing harmonious and pleasant surroundings, reducing the potential for fire using fire resisting material and which does not emanating smoke and toxic gases (CPTM, 2012).

The arrangement of passenger seats is geared to facilitate the flow of loading and unloading, with increased of the open area next to the region of the doors and quality of support columns for passengers, facilitating information, for example, maps with lines, stations and connection with subway.

Sound insulation is designed to keep internal noise level according to the parameters of environmental comfort.

The structure design of the car, both in aluminum or stainless steel is being standardized aims to optimize manufacturing processes, because the parts and pieces that make up the structure of the box are manufactured in modules with door frames, windows, roofing, etc. Thus, gains are obtained also in the development of structural design. Its characteristics are similar to 9000 series (CPTM, 2015; GESP, 2011).

4.8. 9000 Series

9000 series is manufactured by Alstom and was acquired for expansion of the Eastern Express to the “Suzano” station and was also specified with feature lounge with continuous passages between cars “open wide gangway” (CPTM, 2015).

4.9. Accessibility for People with Reduced Mobility (PRM)

In Brazil the Federal Law 10,098 / 2000 lays down general rules and basic criteria for accessibility. In addition, the technical standard NBR 14022/2011 decrees methods for accessibility criteria to be observed in all the fundamentals of public transport system of urban passengers. Both are complemented by Federal Decree 5.296 / 2004 in Section IV - Accessible Public Transport Metro-rail and rail. (GESP, 2013b).

In practice in 2016 from the 92 stations of CPTM, 46 are adapted and 5 are in the works. In line 7 are two adapted stations; on line 8 are ten; on line 9 is eighteen; on line 10 only one; in line 11 are six, and nine in line 12. (CPTM, 2016).

Many stations were modernized, especially those with connections to metro and in the city of São Paulo. (Requeña and Righi 2016). This modernization is directly related to accessibility purposes such as elevators, escalator, ramps, sound communication, Braille, telephones for the deaf and for people in wheelchairs, adapted tactile floor and adapted sanitary. At stations as “São Caetano” (line “Turquesa”) there are no ramps or elevators. Thus, wheelchairs are loaded by employees of CPTM or users.

Trains (regardless of series) are 100% adapted with preferred seating on all lines, visual and sound communication and space for a wheelchair.

The great problem is the exaggerated gaps between the platforms and wagons, ranging
from 9 to 21 cm and height, especially in old stations as Lapa, Piqueri and Pirituba (line 7) can reach more than 20 cm. Only the series 8000 and 9000 have lateral stirrups to decrease the gap and height between the platform and the train, which amounts to less than 50% of trains in use. (Globo, 2016). The goal of CPTM is to reach the level of subway in the city of São Paulo, considered excellent. Other 18 stations have approved project. (CPTM, 2016).

4.10. Achieved Development

The new trains purchased by CPTM starting from 1999 were able to operate with intervals between trains of three minutes, when the deployment of signaling latest lines on all systems. The following major improvements adopted by CPTM for new trains (CPTM, 2013a; 2015; Rebelo, 2014):

- Motorization 50% of cars with traction technology in AC
- Acceleration rate: 0.90 m/s²
- Fee for service braking: 1.1 m/s² (2000 series has rate 0.77 m/s²)
- Emergency braking rate: 1.2 m/s² (2000 series has rate 1.1 m/s²)
- Air conditioning in the halls of passengers and driving cabs
- Door system with electric motor and detector obstacles
- Automatic passenger information
- Video surveillance system
- Mineral resin flooring
- Data-bus
- Driving and ergonomic cabins with glass panoramic windshield

In addition to these items, the most recent acquisitions also have fire fighting system, monitors for communication with users and system “open wide gangway”, which allows users full passage between the train cars.

Another highlight is the modernization of the energy system for Lines. The construction and renovation of the sub-stations are key to achieving the goals of the Expansion Plan because, they enable sufficient energy to ensure that the system behaves increased fleet in circulation and the consequent decrease of the energy range.

Also highlights the implementation of CBTC technology (Communications-Based Train Control), which allows control of distance, speed and amount of brake to be applied in each train in order to obtain the maximum operational performance and the smallest interval between trains operation safely. In addition, the system reduces the use of equipment in railways, which represents lower expenses and higher operational availability (CPTM, 2015).

4.11. Electric Traction Trains

In CPTM there are currently 56 trains operating units with this technology and 76 more in manufacturing, which implies that the use of DC motor will be minimum with a tendency of extinction on CPTM fleet (Pereira et al., 2014).

The traction motors used by CPTM are induction type with cage rotor and simpler construction, which makes it more robust and therefore reliable, because is devoid of moving contact elements. Besides these advantages, this type of machine has a better performance than an equivalent DC motor.
The braking through the electric motors transforms the kinetic energy of the train into electrical energy through the engines, which during this operation become generators. This energy can be returned to the electrical system or dissipated as heat through resistors. This method shows the following advantages:

- Less use of the pneumatic system, saving pads and other brake system components
- Collaborates with the accuracy of train operation, because the braking is controlled by own drive controller
- Energy saving because the energy generated by the train braking can be absorbed by a train that is accelerating or starting in a platform. Another possibility is the return of power to the power utility
- Lower maintenance costs, since the frequency of the maintenance intervention is much higher compared to the DC motor
- Increased reliability because this machine has no moving contacts and the DC motor commutator, which minimizes the chance of a failure
- The control system for this engine can optimize the attractive effort, i.e., the motor will rotate needed to pull the train, reducing “land sliding”
- Provides almost full braking of the train, making the deceleration control be more precise

But there are some factors that we can understand as a disadvantage:

- The high investment for the acquisition of inverters and traction control system
- The complexity of the control technique, which requires specialized technical work
- The major improvement with the use of electric traction is the immense reduction of greenhouse gas emissions (CPTM, 2013b; 2015)

5. Emissions of Greenhouse Gases

Social and environmental gains from the high utilization of CPTM, transport that uses cleaner energy shows those investments in the system, can be amortized with the decrease of externalities generated by transport, in metropolitan areas like São Paulo (CPTM, 2015; METRÔ, 2013).

The results of the inventory of greenhouse gas emissions by CPTM showed that the subway transportation emits about 22 times less greenhouse gases per passenger kilometer than cars and almost 10 times less than the bus, considering its transport capacity and the energy used for traction trains (CPTM, 2015).

Figure 6 compares the emissions between types of transport. The train still loses to the subway due to still use diesel oil in part of its fleet.
For the estimates presented, the data used were the fuel consumption in the state of São Paulo, noting that the CPTM uses only diesel oil (fuel oil wasn’t used since 2000).

Emissions from locomotives by electric traction are derived from the emissions of electricity and aren’t estimated by transportation sector, according to the Energy Balance of the State of São Paulo (GESP, 2013a).

6. Determinants of the Services Improvements

Since the 70s, several transport, mobility and master plans discussed the expansion of urban rail transport system. These goals were specifically put into practice from the 90s and in the XXI century showed significant benefits to users (CPTM, 2012; 2013a; 2015; Haddad et al., 2015):

- Modernize and manage trains, tracks and stations
- Greater security for women in wagons
- Shorter interval between trains (5 – 8 min)
- Increased speed of trains
- Increased signaling and adaptation for the elderly and disabled
- Tariff integration: subway - train - bus and consequent reduction of tariffs
- Integration of transport: subway - Bus terminals - trains
- Greater control over street vendors within the wagons
- Air conditioning, ambient music and cleaning the wagons every travel
- Change of fuel oil for diesel and diesel to electric traction with technical advantages especially in braking and emissions
- Significant reduction in GHG emissions by the use of electric traction
- Real gains in emissions avoided allowing greater investment in the network

Figure 7 summarizes investments in the period 2000-2009, including expansion projects, maintenance and safety of the lines. CPTM is a state company.
7. Future Projects of CPTM

The principal projects underway are (CPTM, 2013a; 2015; Ribeiro Filho and Machado, 2013):

- Over 23 km of lines by 2016/17
- Over 250 km of lines refer to the implementation of regional trains, initially linking the capital with Jundiai, Sorocaba and Santos (other cities of São Paulo, outside the capital and metropolitan area), beginning the process of expansion of these services in terms of achieving in the long term of rail passengers in long distance (2,500km)
- 7 new trains of eight cars, being 6 8000 series (Public Private Partnership of Line 8 “Diamond”) and one train 7500 Series
- Manufacture of 65 new trains 8 cars
- Construction of the new Line 13 - Jade (Train from Guarulhos Airport) and the extension of Line 9; new stations on Line 7 and Line 12
- Adaptation for people with reduced mobility of all stations

8. Conclusions

Since the 60s there was an incentive for the automotive industry and for road transport and, over the decades access to private transport has increased given the own car acquisition facilities, which on one hand is good, showing higher capacity income of the lower classes.

In recent years, major congestion and the sustainable development policy have been collaborating for, that part of the population accepted using public transport, especially train and subway, with significant gains as were showed at the beginning of this chapter.

But the connection between subway and train increased passenger numbers at peak times, which is still a downside given the “congestion of people” in working and school hours, and this makes difficult to change the perception of the use of individual to the collective transport.
So, even with many improvements in the service of CPTM, are necessary the constant expansion and maintenance of services. But undoubtedly, train will be in the coming years, one, or maybe, the best alternative in the public transport of São Paulo.

References


